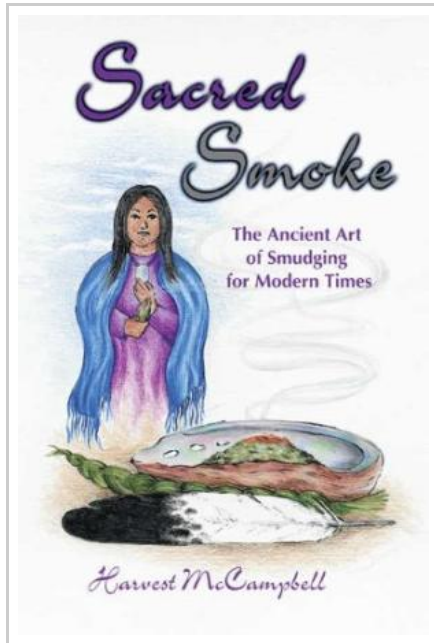




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By Harvest McCampbell

Book Publishing Company, United States, 2002. Paperback.

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Smudging is the burning of herbs as a spiritual practice. In this revised edition of her book on smudging, the author explains and illustrates this integral part of traditional Native American life. She also offers advice on how to reclaim traditions and find personal healing rituals.



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