



Goal Setting: 7 Principles to Achieve Remarkable Success: Using the P.E.R.F.E.C.T Strategy to Create Your Future (Paperback)

By Stephanie Philp

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. It Would Be Nice If Setting And Achieving A Significant Goal Was Simple While it can be easy, it s rarely simple If you set simple, short-term and straightforward goals, then the journey to achieving those outcomes might also be simple, short-term and straightforward. But what about when you want to create your dreams - your future? Often these kinds of goals are anything but straightforward. They involve many facets that can take you in multiple directions over a significant timeframe. It s easy to get sidetracked or even completely lost! Distractions and obstacles can push you off course; lack of motivation, indecision, overwhelm, procrastination, dealing with people who try to deter you from pursuing your goal, etc., etc. The journey to success frequently has many twists and turns, compelling you to grow and develop to attain it. The seven principles that make up P.E.R.F.E.C.T. Goal Setting act as lanterns lighting the way to your goal. This easy-to-read book distils, combines and applies the latest research from neuroscience and quantum physics with spiritual laws, metaphysics and Neuro Linguistic Programming (NLP) to provide...



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Reviews

Extensive information for book fans. It is writter in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Otis Wisoky

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me).

-- Dr. Everett Dicki DDS